

A Weight Problem

Reasons for Joy / Philippians #10
(Philippians 4:1-9)



To stand firm in our faith in Christ, we must “put on spiritual weight” by working at certain disciplines as commanded by God through the Apostle Paul.

I. The Church's biggest problem is a **Weight Problem**.

Hebrew “KAVOD” = “glory” = “weight/heaviness”
God's glory brings weight to our weightless world!

II. Paul loves the Philippians, so he tells them to do one thing.

A. Paul commits his **love** before he commands a response.

B. Paul commands: **Stand Firm in the Lord!**

To stand firm in the Lord better we must put on Weight.

C. Paul explains: The “Apostolic Work-out for Spiritual Weight Increase.

1. Work at **Reconciliation**.

- a. In our own personal relationships
- b. In the lives of those around us

2. Work at **Rejoicing in the Lord**

3. Work at **Reasonableness (Gentleness)**

4. Work at **Prayer**

5. Work at **Thinking Well**

6.. Work at **Doing Well**

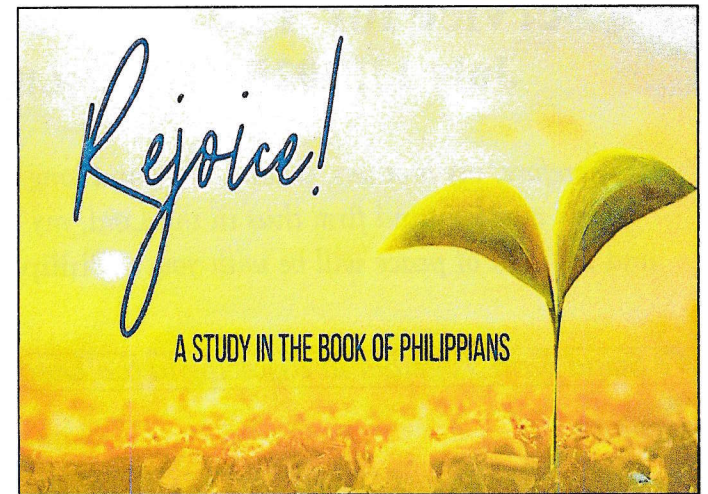
III. Paul concludes his commands by commending a promise:

The God of peace is with us!

Worship
is the
submission
of all of
our nature
to God.

*It is the quickening of conscience by His holiness,
nourishment of mind by His truth, purifying of
imagination by His beauty, opening of the heart to His
love, and submission of will to His purpose. All this
gathered up in adoration is the greatest of all
expressions of which we are capable.*

- Archbishop William Temple



**Covenant Presbyterian Church
of
Reno, Nevada**

July 13, 2025

Service for The Lord's Day

July 13, 2025 – 10:00 a.m.

Therefore, my brothers, whom I love and long for, my joy
and crown, stand firm thus in the Lord, my beloved...
and the God of peace will be with you. - Philippians 3:1, 9

We Stand Firm Together in Rejoicing in the Lord

Prelude Nancy Tedford, piano

Welcome and Church Family News

Call to Worship Bobby-Gospel Bertrand
Psalm 92 (hymnal p.817)

We Stand Firm Together in Worshipping Our God

*Songs of Praise Samuel Dueñas & the CPC Praise Band
"How Great Thou Art" & "Living Hope"
[CCLI License #246069]

*Time of Greeting

Children's Prayer Time Katie Guerrero

We Stand Firm Together in Confessing Our Sin

Prayer of Confession, Word of Assurance & King of Kings
Praise the Father, praise the Son, Praise the Spirit, three in one.
God of glory, Majesty, praise forever to the King of Kings.

Time of Offering

Special Music Justin Luevano

"My Hope Is Not in What I Own" - Getty

*Doxology (#731) & Prayer of Thanksgiving

We Stand Firm in Hearing & Responding to God's Word...

*Hymn of Preparation "Rejoice, Ye Pure in Heart" #604

Scripture Reading: Philippians 4:1-9 (p.982)

Message: A Weight Problem Pastor Jay Hull
(Reasons for Joy/Philippians #10)

...And in Bringing God's Weight to Our Weightless World

Prayers of the People & The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy name.
Thy kingdom come, Thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our sins as we
forgive those who sin against us. And lead us not into temptation,
but deliver us from evil, for Thine is the kingdom
and the power and the glory forever. Amen.

*Closing Hymn "All the Way My Savior Leads Me!" #605

*Charge & Benediction

*Postlude

Nancy Tedford,
organ

* indicates to stand
if you are able

