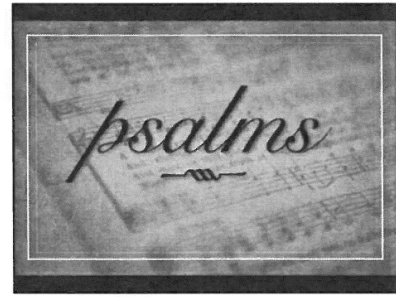


Real Sorrow & The Heart of God (Psalm 3)



Crying out to God in the midst of adversity, we seize the opportunity to realize that our enemies' malevolence is no match for our benevolent God.

A sincere lament directed toward God...

1. **Guards against denial** (Psalm 3:1)
2. **Breaks the spell of human autonomy & control** (v.2 vs. 3-8)
3. **Affirms the benevolent power of God** (v.3)
4. **Demonstrates trust in God who cares & hears** (v.4)
5. **Sees all of life in proper perspective: in dependent relationship to God** (v.5)
6. **Fuels a right spirit of hope & courage** rather than despair (v.6)
7. **Expects, personalizes & enacts God's saving action** (v.7)
8. **Leads to & manifests a corporate and relational view of life** against self-centered, radical individualism (v.8)

Additional Notes: